

Addison County

VERMONT KIDS COUNT

2009

total population	36,712
children under 18	7,773
median income	\$55,558
children living in poverty ²	723
% children living in poverty ²	9.3%

Economic Security

	2000			2009 ¹			% change in County rates, 2000 - most recent	County rate compared to state rate
	County total	County rate	State rate	County total	County rate	State rate		
Food Stamps	819	9.2	12.6	994	12.8	18.3	39.1%	30.1% lower
Dr. Dynasaur/Medicaid ³	2,995	33.6	35.7	3,251	41.8	43.9	24.5%	4.6% lower
TANF (Reach-up) ⁴	404	4.5	7.6	334	4.3	6.6	-5.3%	34.5% lower
School Meals ⁵	1,122	20.3	25.9	1,630	34.2	38.0	68.4%	9.9% lower
New Families at Risk ⁶	10	6.8	8.4	7	4.6	6.1	-32.3%	24.6% lower

ECONOMIC SECURITY

Addison County had a median household income 8% higher than the state median of \$51,555.

More than 1 in 3 public school students were approved for School Meals Programs, representing a 147% increase since 2000.

12.8% of children received 3SquaresVT (food stamp) benefits, compared to 18.3% statewide.

Rates of 3SquaresVT enrollments and students approved for School Meals have both increased since 2000—which may be related to increased child poverty as well as improved outreach.

41.8% of children were enrolled in Dr. Dynasaur/Medicaid—slightly less than the state average of 43.9%.

With the exception of poverty, median income estimates and school meals, all rates and counts are based on three-year averages. For example, the year 2009 represents the average of 2007-2009.

¹ 2009 data except School Meals (2010) and New Families at Risk (2008).

² Since the estimates are not based on direct counts, county data should not be compared. Smaller population areas have wider confidence intervals and should be used with caution. For more details and cautions, see:

<http://www.census.gov/cgi-bin/saige/saige.cgi>. The 2009 Federal Poverty Threshold was \$21,756 for a family with two adults and two children.

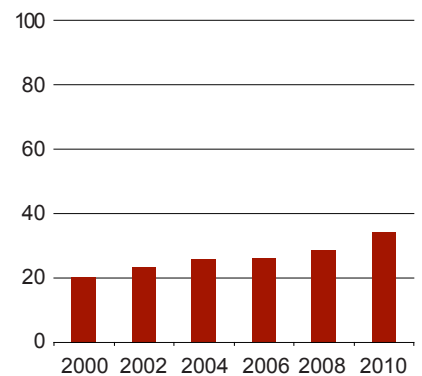
³ Dr. Dynasaur, Vermont's public health insurance program for children and pregnant women.

⁴ The Reach-Up Program is Vermont's version of TANF, the federal Temporary Aid to Needy Families Program.

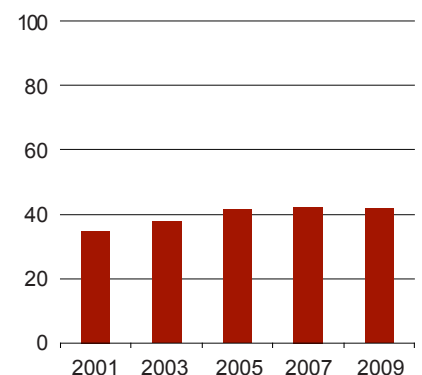
⁵ Public school students approved for free and reduced-price Federal School Meals.

⁶ Percentage of first births to unmarried women under 20 with less than 12 years of education.

Percent of Students Approved for Federal School Meals

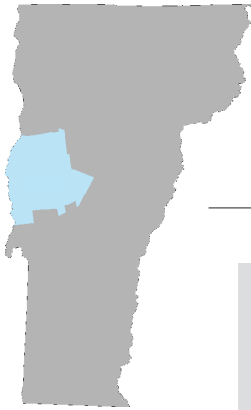


Percent of Children Enrolled in Dr. Dynasaur/Medicaid



Voices
for Vermont's Children





Addison County

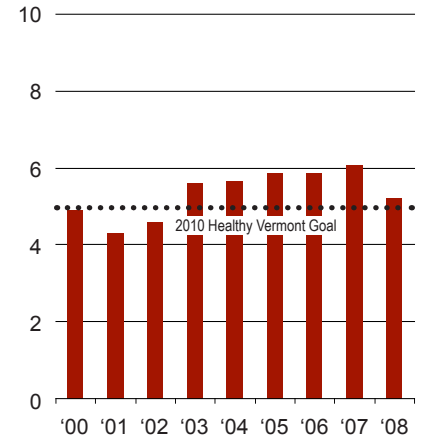
VERMONT KIDS COUNT



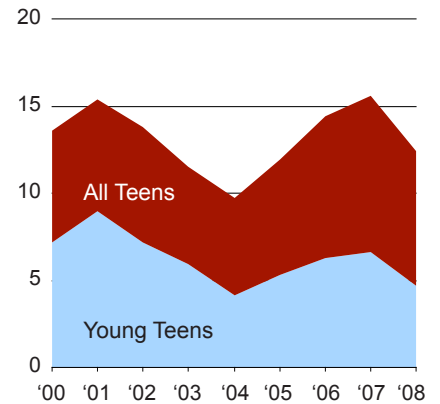
Health Indicators

	2000			2008		
	County total	County rate	State rate	County total	County rate	State rate
Population <18 ¹	8,915	25.0	24.3	7,773	21.2	21.1
Early Prenatal care ²	307	82.9	80.8	291	84.9	83.2
Low Birthweight ³	18	4.9	6.1	18	5.2	6.7
Infant Mortality ⁴	4	9.8	6.2	1	1.9	5.1
Child Deaths ⁵	2	24.4	16.4	1	22.3	14.3
Teen Deaths ⁶	3	79.8	71.9	2	67.8	47.4
Young Teen Births ⁷	6	7.2	11.3	4	4.7	8.1
All Teen Births ⁷	22	13.6	23.9	13	12.4	21.4

Percent Low Birthweight Babies



Births to Teens and Young Teens per 1000 Births



HEALTH

Between 2000 and 2009, the population of children in Addison County declined by 12.8%. During that same time period, the state child population declined by 12.4%.

Babies with low birth weight—under 5.5 pounds—are at risk of respiratory conditions, cognitive and developmental delays, and long-term conditions. Our *Healthy Vermonters 2010* goal is to reduce the percentage of low birth weight babies to 5.0%. Addison County's rate is headed in the wrong direction—in 2008, 5.2% of all live births delivered low-weight babies, up from 4.9% in 2000.

Teen birth rates also trended in the wrong direction. In 2008, 12.4 per 1,000 teen girls aged 15-19 had a baby, an increase of 9% from 2000.

The percent of pregnant women receiving prenatal care within the first trimester was 84.9%, compared to the *Healthy Vermonters 2010* goal of 90%.

2008 data except population (2009); 2008 data are from the Vermont Department of Health. All health rates and counts are based on three-year averages. For example, the year 2009 represents the average of 2007-2009. Rates based on small counts should be used with caution. Such rates may change significantly from one period to the next—even if the actual count only increased from 1 to 2.

- Children ages 0-17 as percent of total population.
- Pregnant women who seek early prenatal care (within first trimester), per 100 live births.
- Infants weighing less than 5.5 pounds at birth per 100 live births.
- Infant deaths less than one year of age per 1,000 live births.
- Child deaths per 100,000 children ages 1-14.
- Teen deaths per 100,000 youths ages 15-19.
- Young Teen Births refer to mothers ages 15-17; All Teen Births refers to mothers ages 15-19. Rates are per 1,000 females of the same age.

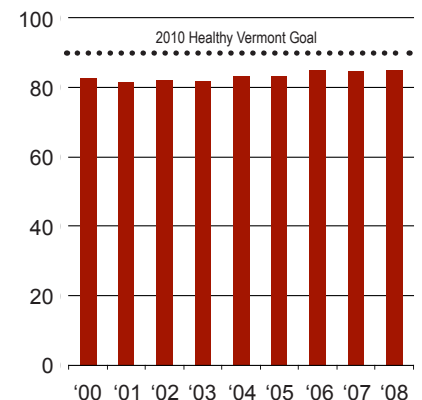
For definitions and sources: <http://www.voicesforvtrkids.org/wp-content/uploads/kidscount/sources.pdf>

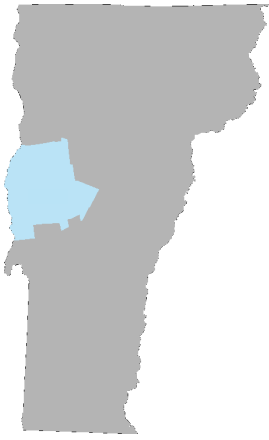
Vermont KIDS COUNT research is funded by the Annie E. Casey Foundation. We thank them for their support but acknowledge that the findings presented in these county pages are those of Voices for Vermont's Children alone, and do not necessarily reflect the opinions of the Foundation.

Voices
for Vermont's Children



Percent Pregnant Women Receiving Early Prenatal Care





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Addison Central SU
 Bridport Central School
 Middlebury Union High School
 Middlebury Union Jr. High School

Addison Northeast SU
 Mt Abraham Union High School

Addison Northwest SU
 Vergennes Union High School

Addison/Rutland SU
 Benson Village School
 Castleton Village School
 Fair Haven Graded School
 Fair Haven Union High School
 Orwell Village School

Youth Risk Behaviors and Assets

Cigarettes

Percent of all students, grades 8-12, who had smoked cigarettes during the past 30 days

	2003	2005	2007	2009
Addison Central SU	15	14	15	19
Addison Northeast SU	14	13	10	18
Addison Northwest SU	13	19	13	13
Addison/Rutland SU	28	31	17	19
Vermont	20	16	16	16

Alcohol

Percent of all students, grades 8-12, who had used alcohol during the past 30 days

	2003	2005	2007	2009
Addison Central SU	35	35	38	36
Addison Northeast SU	31	33	35	37
Addison Northwest SU	31	30	32	32
Addison/Rutland SU	48	41	39	39
Vermont	39	37	39	36

Marijuana

Percent of all students, grades 8-12, who had used marijuana during the past 30 days

	2003	2005	2007	2009
Addison Central SU	22	20	22	23
Addison Northeast SU	22	20	17	22
Addison Northwest SU	16	20	14	16
Addison/Rutland SU	35	27	17	17
Vermont	25	22	21	22

Inhalants

Percent of all students, grades 8-12, who had ever used inhalants

	2003	2005	2007	2009
Addison Central SU	12	11	11	10
Addison Northeast SU	9	14	8	8
Addison Northwest SU	12	15	10	8
Addison/Rutland SU	15	16	15	7
Vermont	13	12	12	10

Depression

Percent of students who felt so sad or hopeless almost every day for at least 2 weeks that they stopped doing some normal activities

	2003	2005	2007	2009
Addison Central SU	22	21	16	18
Addison Northeast SU	17	25	19	20
Addison Northwest SU	19	23	20	16
Addison/Rutland SU	26	28	21	19
Vermont	23	22	20	21

Sex (ever)

Percent of all students, grades 8-12, who have ever had sexual intercourse.

	2003	2005	2007	2009
Addison Central SU	32	30	34	34
Addison Northeast SU	26	29	33	38
Addison Northwest SU	30	33	35	33
Addison/Rutland SU	49	44	42	41
Vermont	35	36	37	40

Bullying

Percent of students who were bullied during the past 30 days

	2003	2005	2007	2009
Addison Central SU	NA	15	15	13
Addison Northeast SU	NA	20	19	20
Addison Northwest SU	NA	16	17	14
Addison/Rutland SU	NA	21	21	23
Vermont	NA	18	17	17

Bullying

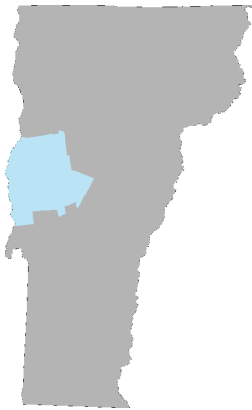
Percent of students who bullied someone during the past 30 days

	2003	2005	2007	2009
Addison Central SU	NA	19	16	16
Addison Northeast SU	NA	24	21	22
Addison Northwest SU	NA	23	24	16
Addison/Rutland SU	NA	25	22	21
Vermont	NA	21	21	20

Physical Activity

Percent of students, grades 8-12, who vigorously exercised 3 or more times per week

	2003	2005	2007*	2009
Addison Central SU	67	69	48	46
Addison Northeast SU	69	70	50	44
Addison Northwest SU	66	66	56	46
Addison/Rutland SU	66	72	53	57
Vermont	67	67	49	45



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Youth Risk Behaviors and Assets

Parents Talk

Percent of all students, grades 8-12, whose parents talk with them about school weekly or more often

	2003	2005	2007	2009
Addison Central SU	78	80	82	82
Addison Northeast SU	73	78	80	79
Addison Northwest SU	73	68	73	75
Addison/Rutland SU	73	76	75	72
Vermont	75	78	79	77

Students Decide

Percent of all students, grades 8-12, who report that students help decide what goes on in their school

	2003	2005	2007	2009
Addison Central SU	48	55	48	47
Addison Northeast SU	41	37	47	50
Addison Northwest SU	48	45	51	51
Addison/Rutland SU	44	40	43	58
Vermont	46	46	51	50

Volunteer

Percent of all students, grades 8-12, who spend 1 or more hours per week volunteering in their community

	2003	2005	2007	2009
Addison Central SU	44	40	43	40
Addison Northeast SU	41	46	44	42
Addison Northwest SU	46	45	43	50
Addison/Rutland SU	48	44	42	41
Vermont	45	46	45	42

Youths Valued

Percent of all students, grades 8-12, who report they feel valued by their community

	2003	2005	2007	2009
Addison Central SU	48	50	52	52
Addison Northeast SU	46	47	49	51
Addison Northwest SU	43	44	50	54
Addison/Rutland SU	36	38	43	48
Vermont	42	45	47	47

Clubs

Percent of all students, grades 8-12, who spend 1 or more hours per week in clubs/organizations outside of school

	2003	2005	2007	2009
Addison Central SU	34	31	31	28
Addison Northeast SU	34	38	38	30
Addison Northwest SU	32	27	26	29
Addison/Rutland SU	28	31	27	28
Vermont	28	31	30	27

*Survey question changed to 5 or more times for 60 minutes in 2007

ABOUT THE VERMONT YOUTH RISK BEHAVIOR SURVEY:

The Vermont Youth Risk Behavior Survey is a voluntary survey of 8th-12th graders attending Vermont middle- and high-schools (and elementary schools that include 8th grade) that seeks to monitor trends in student health and risk behaviors. Administered every two years since 1993, in 2009 nearly 30,000 8th-12th grade students representing 143 schools and 55 supervisory unions were surveyed. The resulting data in the report is based on a representative sample to accurately reflect state demographic distribution, with a +/-5% error rate. Although the report offers data down to the supervisory union level, comparing the numbers of one supervisory union to another or to the state should be done with caution, because while the statewide percentages are "weighted," individual supervisory union percentages are not. It is possible that apparent differences, especially small differences, are due to demographic characteristics, rather than true differences in prevalence.

Survey information and indicator significance: <http://www.voicesforvkids.org/wp-content/uploads/2009/03/whyimportant.pdf>

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Voices
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