



Rutland County

VERMONT KIDS COUNT

2009

| | |
|-------------------------------------------|----------|
| total population | 63,204 |
| children under 18 | 12,247 |
| median income | \$46,507 |
| children living in poverty ² | 2,033 |
| % children living in poverty ² | 16.6% |

Economic Security

| | 2000 | | | 2009 ¹ | | | % change in County rates, 2000 - most recent | County rate compared to state rate |
|------------------------------------|--------------|-------------|------------|-------------------|--------------|------------|----------------------------------------------|------------------------------------|
| | County total | County rate | State rate | County total | Current rate | State rate | | |
| Food Stamps | 2,303 | 15.6 | 12.6 | 2,788 | 22.8 | 18.3 | 45.9% | 24.6% higher |
| Dr. Dynasaur/Medicaid ³ | 5,913 | 40.1 | 35.7 | 6,214 | 50.7 | 43.9 | 26.6% | 15.7% higher |
| TANF (Reach-up) ⁴ | 1,461 | 9.9 | 7.6 | 1,128 | 9.2 | 6.6 | -6.9% | 40.6% higher |
| School Meals ⁵ | 2,897 | 27.4 | 25.9 | 3,851 | 41.6 | 38.0 | 51.8% | 9.5% higher |
| New Families at Risk ⁶ | 23 | 9.2 | 8.4 | 17 | 6.9 | 6.1 | -24.9% | 14.3% higher |

ECONOMIC SECURITY

At \$46,507, the median household income was 10% lower than the state median of \$51,555.

41.6% of public school students were approved for School Meals Programs, a 52% increase since 2000.

22.8% of children received 3SquaresVT (food stamp) benefits, compared to 18.3% statewide.

Rates of 3SquaresVT enrollments and students approved for School Meals have both increased significantly since 2000—which may be related to increased child poverty as well as improved outreach.

Over half of the child population in Rutland County is enrolled in Dr. Dynasaur/Medicaid, compared to the state average of 43.9%.

With the exception of poverty, median income estimates, and school meals, all rates and counts are based on three-year averages. For example, the year 2009 represents the average of 2007-2009.

¹ 2009 data except School Meals (2010) and New Families at Risk (2008).

² Since the estimates are not based on direct counts, county data should not be compared. Smaller population areas have wider confidence intervals and should be used with caution. For more details and cautions, see: <http://www.census.gov/cgi-bin/saippe/saippe.cgi>. The 2009 Federal Poverty Threshold was \$21,756 for a family with two adults and two children.

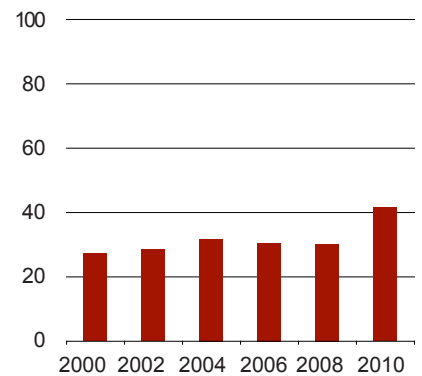
³ Dr. Dynasaur, Vermont's public health insurance program for children and pregnant women.

⁴ The Reach-Up Program is Vermont's version of TANF, the federal Temporary Aid to Needy Families Program.

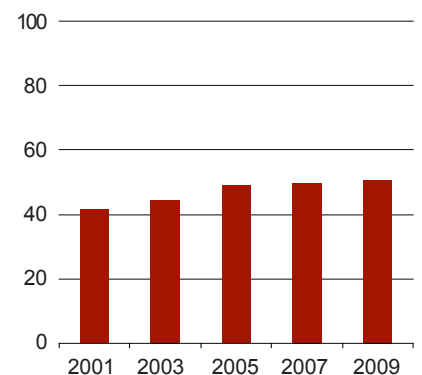
⁵ Public school students approved for free and reduced-price Federal School Meals.

⁶ Percentage of first births to unmarried women under 20 with less than 12 years of education.

Percent of Students Approved for Federal School Meals

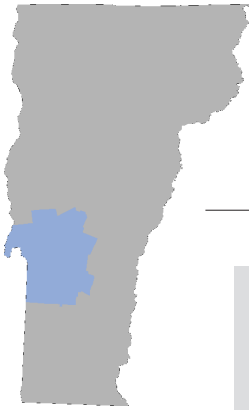


Percent of Children Enrolled in Dr. Dynasaur/Medicaid



Voices
for Vermont's Children





Rutland County

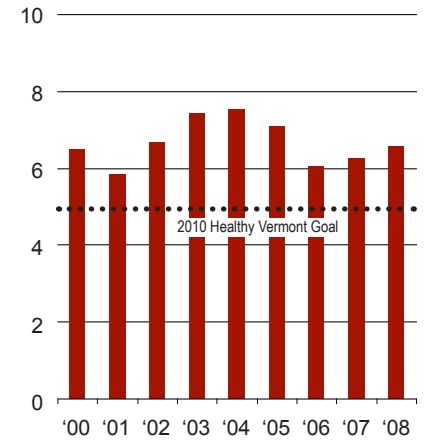
VERMONT KIDS COUNT



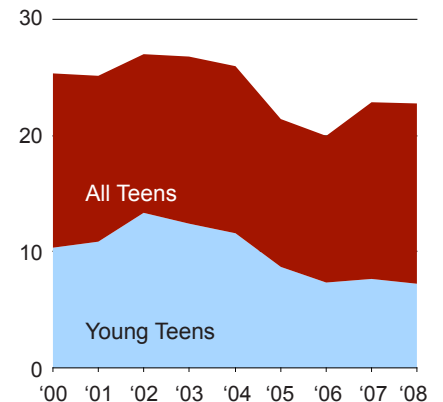
Health Indicators

| | 2000 | | | 2008 | | |
|----------------------------------|--------------|-------------|------------|--------------|-------------|------------|
| | County total | County rate | State rate | County total | County rate | State rate |
| Population <18 ¹ | 14,759 | 23.3 | 24.3 | 12,247 | 19.4 | 20.7 |
| Early Prenatal care ² | 465 | 76.0 | 80.8 | 469 | 80.7 | 83.2 |
| Low Birthweight ³ | 42 | 6.5 | 6.1 | 39 | 6.6 | 6.7 |
| Infant Mortality ⁴ | 2 | 3.6 | 6.2 | 3 | 5.6 | 5.1 |
| Child Deaths ⁵ | 3 | 23.4 | 16.4 | 1 | 13.7 | 14.3 |
| Teen Deaths ⁶ | 3 | 73.5 | 71.9 | 2 | 45.2 | 47.4 |
| Young Teen Births ⁷ | 14 | 10.4 | 11.3 | 9 | 7.3 | 8.1 |
| All Teen Births ⁷ | 57 | 25.4 | 23.9 | 50 | 22.8 | 21.4 |

Percent Low Birthweight Babies



Births to Teens and Young Teens per 1000 Births



HEALTH

Between 2000 and 2009, the number of children in Rutland County declined by 17%. During that same time period, the state child population declined by 12.8%.

Babies with low birth weight—under 5.5 pounds—are at risk of respiratory conditions, cognitive and developmental delays, and long-term conditions. Our *Healthy Vermonters 2010* goal is to reduce the percentage of low birth weight babies to 5.0%. Rutland County's rate is 6.6% of all live births, compared to 6.5% in 2000.

Teen birth rates were 22.8 per 1,000 teen girls aged 15-19, which is 10% lower than in 2000.

The percent of pregnant women receiving prenatal care within the first trimester was 80.7%, compared to the *Healthy Vermonters 2010* goal of 90%.

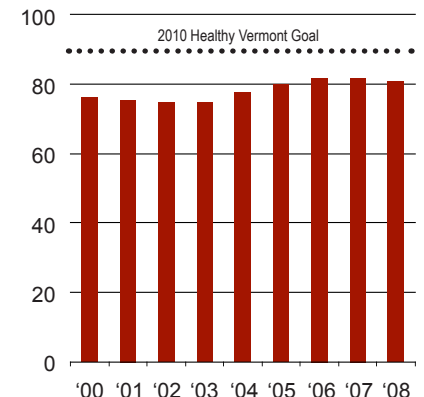
2008 data except population (2009); 2008 data are from the Vermont Department of Health. All health rates and counts are based on three-year averages. For example, the year 2008 represents the average of 2006-2008. Rates based on small counts should be used with caution. Such rates may change significantly from one period to the next—even if the actual count only increased from 1 to 2.

- 1 Children ages 0-17 as percent of total population.
- 2 Pregnant women who seek early prenatal care (within first trimester), per 100 live births.
- 3 Infants weighing less than 5.5 pounds at birth per 100 live births.
- 4 Infant deaths less than one year of age per 1,000 live births.
- 5 Child deaths per 100,000 children ages 1-14.
- 6 Teen deaths per 100,000 youths ages 15-19.
- 7 Young Teen Births refer to mothers ages 15-17; All Teen Births refers to mothers ages 15-19. Rates are per 1,000 females of the same age.

For definitions and sources: <http://www.voicesforvtrkids.org/wp-content/uploads/kidscount/sources.pdf>

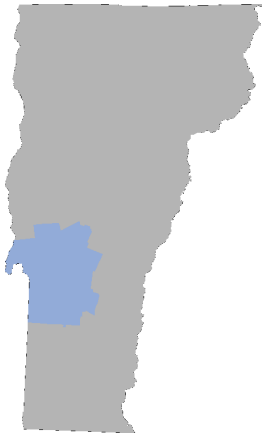
Vermont KIDS COUNT research is funded by the Annie E. Casey Foundation. We thank them for their support but acknowledge that the findings presented in these county pages are those of Voices for Vermont's Children alone, and do not necessarily reflect the opinions of the Foundation.

Percent Pregnant Women Receiving Early Prenatal Care



Voices
for Vermont's Children





Rutland County

VERMONT KIDS COUNT



Addison/Rutland SU

Benson Village School
 Castleton Village School
 Fair Haven Graded School
 Fair Haven Union High School
 Orwell Village School

Rutland Central SU

Proctor Jr./Sr. High School
 Rutland Town School
 W. Rutland School

Rutland City SD

Rutland High School
 Rutland Middle
 Success School

Rutland Northeast SU

Barstow Memorial School
 Otter Valley Union High School

Rutland South SU

Mill River Union High School

Rutland Southwest SU

Poultney High School

Rutland/Windsor SU

Black River Union High School

Youth Risk Behaviors and Assets

Cigarettes

Percent of all students, grades 8-12, who had smoked cigarettes during the past 30 days

| | 2003 | 2005 | 2007 | 2009 |
|----------------------|------|------|------|------|
| Addison/Rutland SU | 28 | 31 | 17 | 19 |
| Rutland Central SU | 19 | 23 | 22 | 15 |
| Rutland City SD | 20 | 20 | 19 | 19 |
| Rutland Northeast SU | 28 | 18 | 19 | 27 |
| Rutland South SU | 24 | 22 | 11 | NA |
| Rutland Southwest SU | 32 | 24 | 25 | 14 |
| Rutland/Windsor SU | 18 | 20 | 22 | 27 |
| Vermont | 20 | 16 | 16 | 16 |

Alcohol

Percent of all students, grades 8-12, who had used alcohol during the past 30 days

| | 2003 | 2005 | 2007 | 2009 |
|----------------------|------|------|------|------|
| Addison/Rutland SU | 48 | 41 | 39 | 39 |
| Rutland Central SU | 29 | 31 | 33 | 23 |
| Rutland City SD | 35 | 43 | 40 | 40 |
| Rutland Northeast SU | 43 | 40 | 38 | 42 |
| Rutland South SU | 37 | 35 | 25 | NA |
| Rutland Southwest SU | 42 | 36 | 49 | 38 |
| Rutland/Windsor SU | 40 | 40 | 50 | 53 |
| Vermont | 39 | 37 | 39 | 36 |

Marijuana

Percent of all students, grades 8-12, who had used marijuana during the past 30 days

| | 2003 | 2005 | 2007 | 2009 |
|----------------------|------|------|------|------|
| Addison/Rutland SU | 35 | 27 | 17 | 17 |
| Rutland Central SU | 22 | 21 | 27 | 14 |
| Rutland City SD | 23 | 28 | 25 | 28 |
| Rutland Northeast SU | 34 | 25 | 19 | 29 |
| Rutland South SU | 28 | 25 | 15 | NA |
| Rutland Southwest SU | 25 | 18 | 32 | 18 |
| Rutland/Windsor SU | 24 | 28 | 30 | 36 |
| Vermont | 25 | 22 | 21 | 22 |

Inhalants

Percent of all students, grades 8-12, who had ever used inhalants

| | 2003 | 2005 | 2007 | 2009 |
|----------------------|------|------|------|------|
| Addison/Rutland SU | 15 | 16 | 15 | 7 |
| Rutland Central SU | 17 | 12 | 14 | 10 |
| Rutland City SD | 17 | 12 | 13 | 10 |
| Rutland Northeast SU | 16 | 15 | 11 | 13 |
| Rutland South SU | 17 | 14 | 13 | NA |
| Rutland Southwest SU | 18 | 18 | 19 | 16 |
| Rutland/Windsor SU | 25 | 18 | 17 | 17 |
| Vermont | 13 | 12 | 12 | 10 |

Depression

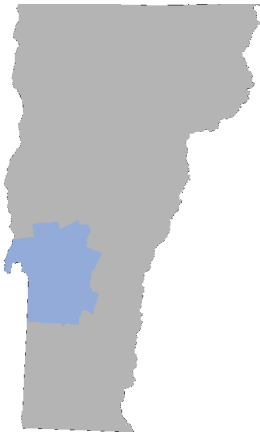
Percent of students who felt so sad or hopeless almost every day for at least 2 weeks that they stopped doing some normal activities

| | 2003 | 2005 | 2007 | 2009 |
|----------------------|------|------|------|------|
| Addison/Rutland SU | 26 | 28 | 21 | 19 |
| Rutland Central SU | 22 | 23 | 24 | 20 |
| Rutland City SD | 27 | 24 | 21 | 24 |
| Rutland Northeast SU | 27 | 25 | 23 | 23 |
| Rutland South SU | 26 | 20 | 14 | NA |
| Rutland Southwest SU | 21 | 23 | 18 | 30 |
| Rutland/Windsor SU | 27 | 17 | 19 | 25 |
| Vermont | 23 | 22 | 20 | 21 |

Sex (ever)

Percent of all students, grades 8-12, who have ever had sexual intercourse.

| | 2003 | 2005 | 2007 | 2009 |
|----------------------|------|------|------|------|
| Addison/Rutland SU | 49 | 44 | 42 | 41 |
| Rutland Central SU | 32 | 37 | 32 | 32 |
| Rutland City SD | 34 | 42 | 39 | 45 |
| Rutland Northeast SU | 44 | 40 | 36 | 46 |
| Rutland South SU | 36 | 37 | 29 | NA |
| Rutland Southwest SU | 48 | 45 | 41 | 36 |
| Rutland/Windsor SU | 37 | 41 | 52 | 51 |
| Vermont | 35 | 36 | 37 | 40 |



Rutland County

VERMONT KIDS COUNT



Youth Risk Behaviors and Assets

| | Bullying <i>Percent of students who were bullied during the past 30 days</i> | | | |
|----------------------|----------------------------------------------------------------------------------------|------|------|------|
| | 2003 | 2005 | 2007 | 2009 |
| Addison/Rutland SU | NA | 21 | 21 | 23 |
| Rutland Central SU | NA | 13 | 19 | 19 |
| Rutland City SD | NA | 18 | 21 | 19 |
| Rutland Northeast SU | NA | 19 | 15 | 17 |
| Rutland South SU | NA | 16 | 13 | NA |
| Rutland Southwest SU | NA | 23 | 21 | 24 |
| Rutland/Windsor SU | NA | 17 | 23 | 26 |
| Vermont | NA | 18 | 17 | 17 |

| | Bullying <i>Percent of students who bullied someone during the past 30 days</i> | | | |
|----------------------|-------------------------------------------------------------------------------------------|------|------|------|
| | 2003 | 2005 | 2007 | 2009 |
| Addison/Rutland SU | NA | 25 | 22 | 21 |
| Rutland Central SU | NA | 18 | 20 | 14 |
| Rutland City SD | NA | 19 | 24 | 22 |
| Rutland Northeast SU | NA | 27 | 22 | 23 |
| Rutland South SU | NA | 18 | 19 | NA |
| Rutland Southwest SU | NA | 37 | 25 | 32 |
| Rutland/Windsor SU | NA | 19 | 29 | 33 |
| Vermont | NA | 21 | 21 | 20 |

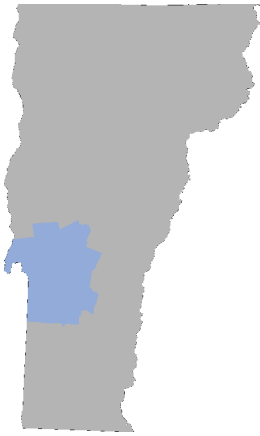
| | Physical Activity <i>Percent of students, grades 8-12, who vigorously exercised 3 or more times per week</i> | | | |
|----------------------|------------------------------------------------------------------------------------------------------------------------|------|-------|------|
| | 2003 | 2005 | 2007* | 2009 |
| Addison/Rutland SU | 66 | 72 | 53 | 57 |
| Rutland Central SU | 70 | 80 | 57 | 56 |
| Rutland City SD | 69 | 65 | 48 | 48 |
| Rutland Northeast SU | 66 | 68 | 44 | 44 |
| Rutland South SU | 72 | 72 | 56 | NA |
| Rutland Southwest SU | 71 | 74 | 65 | 54 |
| Rutland/Windsor SU | 73 | 61 | 48 | 41 |
| Vermont | 67 | 67 | 49 | 45 |

| | Parents Talk <i>Percent of all students, grades 8-12, whose parents talk with them about school weekly or more often</i> | | | |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------|------|------|------|
| | 2003 | 2005 | 2007 | 2009 |
| Addison/Rutland SU | 73 | 76 | 75 | 72 |
| Rutland Central SU | 71 | 77 | 77 | 77 |
| Rutland City SD | 78 | 80 | 78 | 77 |
| Rutland Northeast SU | 75 | 77 | 77 | 74 |
| Rutland South SU | 71 | 73 | 73 | NA |
| Rutland Southwest SU | 70 | 70 | 74 | 76 |
| Rutland/Windsor SU | 71 | 72 | 74 | 72 |
| Vermont | 75 | 78 | 79 | 77 |

| | Students Decide <i>Percent of all students, grades 8-12, who report that students help decide what goes on in their school</i> | | | |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------|------|------|------|
| | 2003 | 2005 | 2007 | 2009 |
| Addison/Rutland SU | 44 | 40 | 43 | 58 |
| Rutland Central SU | 37 | 39 | 43 | 54 |
| Rutland City SD | 48 | 39 | 48 | 54 |
| Rutland Northeast SU | 38 | 39 | 35 | 48 |
| Rutland South SU | 38 | 46 | 49 | NA |
| Rutland Southwest SU | 36 | 38 | 56 | 51 |
| Rutland/Windsor SU | 36 | 47 | 44 | 52 |
| Vermont | 46 | 46 | 51 | 50 |

| | Volunteer <i>Percent of all students, grades 8-12, who spend 1 or more hours per week volunteering in their community</i> | | | |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------|------|------|------|
| | 2003 | 2005 | 2007 | 2009 |
| Addison/Rutland SU | 48 | 44 | 42 | 41 |
| Rutland Central SU | 43 | 39 | 43 | 45 |
| Rutland City SD | 47 | 38 | 41 | 38 |
| Rutland Northeast SU | 44 | 44 | 42 | 42 |
| Rutland South SU | 41 | 40 | 51 | NA |
| Rutland Southwest SU | 40 | 39 | 46 | 41 |
| Rutland/Windsor SU | 45 | 41 | 44 | 44 |
| Vermont | 45 | 46 | 45 | 42 |

* Survey question changed to 5 or more times for 60 minutes in 2007



Rutland County

VERMONT KIDS COUNT



Youth Risk Behaviors and Assets

| | Youths Valued | | | | Clubs | | | |
|----------------------|---------------------------------------------------------------------------------------------|------|------|------|--------------------------------------------------------------------------------------------------------------------------|------|------|------|
| | <i>Percent of all students, grades 8-12, who report they feel valued by their community</i> | | | | <i>Percent of all students, grades 8-12, who spend 1 or more hours per week in clubs/organizations outside of school</i> | | | |
| | 2003 | 2005 | 2007 | 2009 | 2003 | 2005 | 2007 | 2009 |
| Addison/Rutland SU | 36 | 38 | 43 | 48 | 28 | 31 | 27 | 28 |
| Rutland Central SU | 43 | 46 | 50 | 52 | 30 | 25 | 25 | 25 |
| Rutland City SD | 41 | 43 | 50 | 46 | 36 | 31 | 27 | 25 |
| Rutland Northeast SU | 41 | 40 | 40 | 48 | 29 | 25 | 27 | 19 |
| Rutland South SU | 38 | 45 | 50 | NA | 25 | 25 | 30 | NA |
| Rutland Southwest SU | 29 | 37 | 36 | 45 | 22 | 31 | 32 | 24 |
| Rutland/Windsor SU | 42 | 41 | 45 | 45 | 31 | 24 | 29 | 28 |
| Vermont | 42 | 45 | 47 | 47 | 28 | 31 | 30 | 27 |

ABOUT THE VERMONT YOUTH RISK BEHAVIOR SURVEY:

The Vermont Youth Risk Behavior Survey is a voluntary survey of 8th-12th graders attending Vermont middle- and high-schools (and elementary schools that include 8th grade) that seeks to monitor trends in student health and risk behaviors. Administered every two years since 1993, in 2009 nearly 30,000 8th-12th grade students representing 143 schools and 55 supervisory unions were surveyed. The resulting data in the report is based on a representative sample to accurately reflect state demographic distribution, with a +/-5% error rate. Although the report offers data down to the supervisory union level, comparing the numbers of one supervisory union to another or to the state should be done with caution, because while the statewide percentages are "weighted," individual supervisory union percentages are not. It is possible that apparent differences, especially small differences, are due to demographic characteristics, rather than true differences in prevalence.

Survey information and indicator significance: <http://www.voicesforvtrkids.org/wp-content/uploads/2009/03/whyimportant.pdf>

Vermont KIDS COUNT research is funded by the Annie E. Casey Foundation. We thank them for their support but acknowledge that the findings presented in these county pages are those of Voices for Vermont's Children alone, and do not necessarily reflect the opinions of the Foundation.

Voices
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