



# Windham County

VERMONT KIDS COUNT

2009

total population	43,376
children under 18	8,655
median income	\$47,043
children living in poverty <sup>2</sup>	1,151
% children living in poverty <sup>2</sup>	13.3%

## Economic Security

	2000			2009 <sup>1</sup>			% change in County rates, 2000 - most recent	County rate compared to state rate
	County total	County rate	State rate	County total	Current rate	State rate		
Food Stamps	1,357	13.0	12.6	1,760	20.3	18.3	56.3%	11.2% higher
Dr. Dynasaur/Medicaid <sup>3</sup>	3,912	37.5	35.7	4,327	50.0	43.9	33.3%	14.0% higher
TANF (Reach-up) <sup>4</sup>	760	7.3	7.6	620	7.2	6.6	-1.6%	9.3% higher
School Meals <sup>5</sup>	1,630	26.8	25.9	2,413	44.7	38.0	66.9%	17.7% higher
New Families at Risk <sup>6</sup>	21	11.2	8.4	12	6.4	6.1	-43.0%	5.2% higher

### ECONOMIC SECURITY

At \$47,043, the median household income was 9% lower than the state median of \$51,555 and the fourth lowest overall among Vermont's counties.

44.7% of public school students were approved for School Meals Programs, a 67% increase since 2000.

20.3% of children receive 3SquaresVT (food stamp) benefits, higher than the state average of 18.3%.

Rates of 3SquaresVT enrollments and students approved for School Meals have both increased significantly since 2000—which may be related to increased child poverty as well as improved outreach.

Half of the children in Windham County were enrolled in Dr. Dynasaur/Medicaid, compared to the state average of 43.9%.

With the exception of poverty, median income estimates, and school meals, all rates and counts are based on three-year averages. For example, the year 2009 represents the average of 2007-2009.

<sup>1</sup> 2009 data except School Meals (2010) and New Families at Risk (2008).

<sup>2</sup> Since the estimates are not based on direct counts, county data should not be compared. Smaller population areas have wider confidence intervals and should be used with caution. For more details and cautions, see: <http://www.census.gov/cgi-bin/saige/saige.cgi>. The 2009 Federal Poverty Threshold was \$21,756 for a family with two adults and two children.

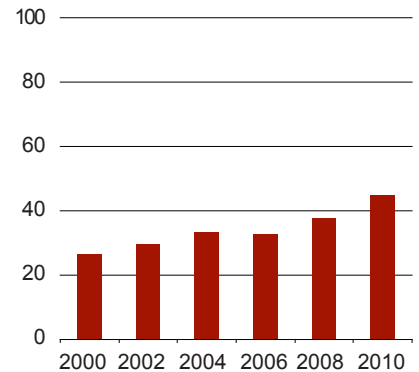
<sup>3</sup> Dr. Dynasaur, Vermont's public health insurance program for children and pregnant women.

<sup>4</sup> The Reach-Up Program is Vermont's version of TANF, the federal Temporary Aid to Needy Families Program.

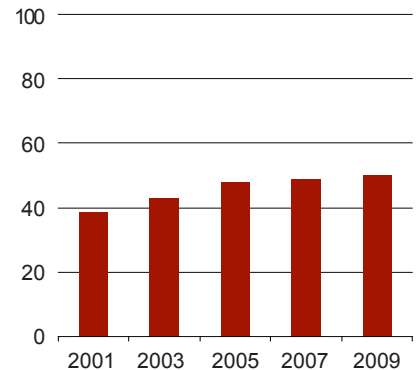
<sup>5</sup> Public school students approved for free and reduced-price Federal School Meals.

<sup>6</sup> Percentage of first births to unmarried women under 20 with less than 12 years of education.

Percent of Students Approved for Federal School Meals

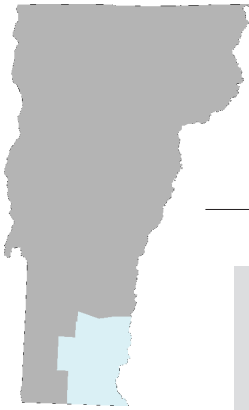


Percent of Children Enrolled in Dr. Dynasaur/Medicaid



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for Vermont's Children





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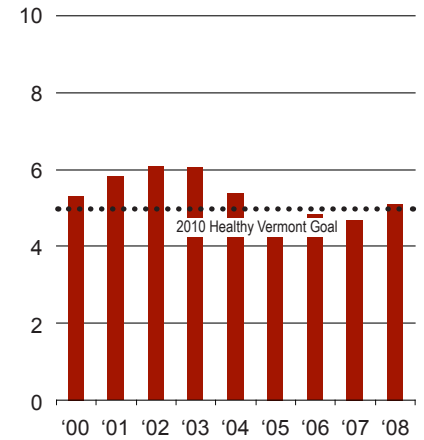
VERMONT KIDS COUNT



## Health Indicators

	2000			2008		
	County total	County rate	State rate	County total	County rate	State rate
Population <18 <sup>1</sup>	10,430	23.7	24.3	8,655	20.0	20.7
Early Prenatal care <sup>2</sup>	296	78.8	80.8	337	79.8	83.2
Low Birthweight <sup>3</sup>	24	5.3	6.1	22	5.1	6.7
Infant Mortality <sup>4</sup>	2	3.7	6.2	2	5.3	5.1
Child Deaths <sup>5</sup>	2	29.2	16.4	1	19.3	14.3
Teen Deaths <sup>6</sup>	2	65.4	71.9	2	59.0	47.4
Young Teen Births <sup>7</sup>	12	11.8	11.3	7	8.2	8.1
All Teen Births <sup>7</sup>	42	27.9	23.9	33	23.8	21.4

Percent Low Birthweight Babies



### HEALTH

Between 2000 and 2009, the child population declined by 17%. During that same time period, the state child population declined by 12.8%.

Babies with low birth weight—under 5.5 pounds—are at risk of respiratory conditions, cognitive and developmental delays, and long-term conditions. Our *Healthy Vermonters 2010* goal is to reduce the percentage of low birth weight babies to 5.0%. Windham County's rate is 5.1% of all live births, down from 5.3% in 2000.

Teen birth rates were 23.8 per 1,000 teen girls aged 15-19, 14% lower than the 2000 rate of 27.9.

Windham County had one of the lowest rates of pregnant women receiving prenatal care within the first trimester—79.8%, well short of the *Healthy Vermonters 2010* goal of 90%.

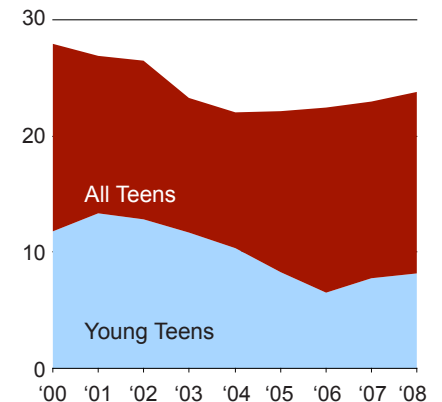
2008 data except population (2009); 2008 data are from the Vermont Department of Health. All health rates and counts are based on three-year averages. For example, the year 2008 represents the average of 2006-2008. Rates based on small counts should be used with caution. Such rates may change significantly from one period to the next—even if the actual count only increased from 1 to 2.

- 1 Children ages 0-17 as percent of total population.
- 2 Pregnant women who seek early prenatal care (within first trimester), per 100 live births.
- 3 Infants weighing less than 5.5 pounds at birth per 100 live births.
- 4 Infant deaths less than one year of age per 1,000 live births.
- 5 Child deaths per 100,000 children ages 1-14.
- 6 Teen deaths per 100,000 youths ages 15-19.
- 7 Young Teen Births refer to mothers ages 15-17; All Teen Births refers to mothers ages 15-19. Rates are per 1,000 females of the same age.

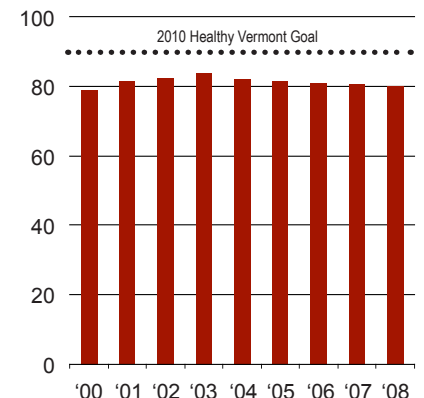
For definitions and sources: <http://www.voicesforvtrkids.org/wp-content/uploads/kidscount/sources.pdf>

Vermont KIDS COUNT research is funded by the Annie E. Casey Foundation. We thank them for their support but acknowledge that the findings presented in these county pages are those of Voices for Vermont's Children alone, and do not necessarily reflect the opinions of the Foundation.

Births to Teens and Young Teens per 1000 Births

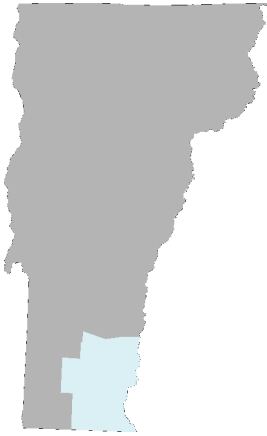


Percent Pregnant Women Receiving Early Prenatal Care



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## Windham Central SU

Leland & Gray Union High School  
Marlboro Elementary School

## Windham Northeast SU

Bellows Falls Middle School  
Bellows Falls Union High School

## Windham Southeast SU

Brattleboro Area Middle School  
Brattleboro Union High School  
Dummerston School  
Guilford Central School  
Putney Central School

## Windham Southwest SU

Halifax School  
Readsboro Elementary School  
Stamford Elementary School  
Whitingham School  
Wilmington Middle/High School

## Youth Risk Behaviors and Assets

### Cigarettes

Percent of all students, grades 8-12, who had smoked cigarettes during the past 30 days

	2003	2005	2007	2009
Windham Central SU	27	21	16	18
Windham Northeast SU	26	21	21	21
Windham Southeast SU	19	19	15	21
Windham Southwest SU	15	18	19	18
Vermont	20	16	16	16

### Alcohol

Percent of all students, grades 8-12, who had used alcohol during the past 30 days

	2003	2005	2007	2009
Windham Central SU	45	42	35	45
Windham Northeast SU	45	39	43	54
Windham Southeast SU	45	44	36	38
Windham Southwest SU	42	35	47	39
Vermont	39	37	39	36

### Marijuana

Percent of all students, grades 8-12, who had used marijuana during the past 30 days

	2003	2005	2007	2009
Windham Central SU	28	29	27	29
Windham Northeast SU	30	28	26	35
Windham Southeast SU	27	28	24	29
Windham Southwest SU	20	24	27	24
Vermont	25	22	21	22

### Inhalants

Percent of all students, grades 8-12, who had ever used inhalants

	2003	2005	2007	2009
Windham Central SU	20	18	13	17
Windham Northeast SU	16	16	15	13
Windham Southeast SU	13	23	11	12
Windham Southwest SU	18	15	17	10
Vermont	13	12	12	10

### Depression

Percent of students who felt so sad or hopeless almost every day for at least 2 weeks that they stopped doing some normal activities

	2003	2005	2007	2009
Windham Central SU	25	24	19	26
Windham Northeast SU	25	22	23	22
Windham Southeast SU	25	24	20	23
Windham Southwest SU	21	25	27	23
Vermont	23	22	20	21

### Sex (ever)

Percent of all students, grades 8-12, who have ever had sexual intercourse

	2003	2005	2007	2009
Windham Central SU	39	40	38	39
Windham Northeast SU	39	40	47	51
Windham Southeast SU	40	41	33	43
Windham Southwest SU	36	42	48	43
Vermont	35	36	37	40

### Bullying

Percent of students who were bullied during the past 30 days

	2003	2005	2007	2009
Windham Central SU	NA	16	11	16
Windham Northeast SU	NA	13	16	16
Windham Southeast SU	NA	22	14	15
Windham Southwest SU	NA	17	19	17
Vermont	NA	18	17	17

### Bullying

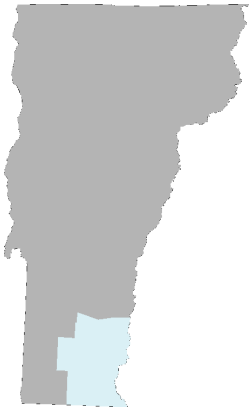
Percent of students who bullied someone during the past 30 days

	2003	2005	2007	2009
Windham Central SU	NA	20	15	21
Windham Northeast SU	NA	20	23	22
Windham Southeast SU	NA	26	19	20
Windham Southwest SU	NA	22	26	19
Vermont	NA	21	21	20

### Physical Activity

Percent of students, grades 8-12, who vigorously exercised 3 or more times per week

	2003	2005	2007*	2009
Windham Central SU	66	69	51	53
Windham Northeast SU	68	66	41	40
Windham Southeast SU	65	77	42	45
Windham Southwest SU	73	69	48	41
Vermont	67	67	49	45



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## Youth Risk Behaviors and Assets

### Parents Talk

Percent of all students, grades 8-12, whose parents talk with them about school weekly or more often

	2003	2005	2007	2009
Windham Central SU	73	75	79	74
Windham Northeast SU	68	73	73	74
Windham Southeast SU	74	77	78	77
Windham Southwest SU	77	78	75	71
Vermont	75	78	79	77

### Students Decide

Percent of all students, grades 8-12, who report that students help decide what goes on in their school

	2003	2005	2007	2009
Windham Central SU	49	52	48	54
Windham Northeast SU	36	36	44	41
Windham Southeast SU	44	47	47	41
Windham Southwest SU	51	37	43	55
Vermont	46	46	51	50

### Volunteer

Percent of all students, grades 8-12, who spend 1 or more hours per week volunteering in their community

	2003	2005	2007	2009
Windham Central SU	42	38	40	53
Windham Northeast SU	38	36	34	37
Windham Southeast SU	47	46	45	47
Windham Southwest SU	45	47	52	42
Vermont	45	46	45	42

### Youths Valued

Percent of all students, grades 8-12, who report they feel valued by their community

	2003	2005	2007	2009
Windham Central SU	36	38	46	52
Windham Northeast SU	32	31	32	32
Windham Southeast SU	41	40	47	45
Windham Southwest SU	43	42	49	51
Vermont	42	45	47	47

### Clubs

Percent of all students, grades 8-12, who spend 1 or more hours per week in clubs/organizations outside of school

	2003	2005	2007	2009
Windham Central SU	24	19	29	33
Windham Northeast SU	24	20	20	14
Windham Southeast SU	27	21	33	34
Windham Southwest SU	32	33	27	24
Vermont	28	31	30	27

\* Survey question changed to 5 or more times for 60 minutes in 2007

#### ABOUT THE VERMONT YOUTH RISK BEHAVIOR SURVEY:

The Vermont Youth Risk Behavior Survey is a voluntary survey of 8th-12th graders attending Vermont middle- and high-schools (and elementary schools that include 8th grade) that seeks to monitor trends in student health and risk behaviors. Administered every two years since 1993, in 2009 nearly 30,000 8th-12th grade students representing 143 schools and 55 supervisory unions were surveyed. The resulting data in the report is based on a representative sample to accurately reflect state demographic distribution, with a +/-5% error rate. Although the report offers data down to the supervisory union level, comparing the numbers of one supervisory union to another or to the state should be done with caution, because while the statewide percentages are "weighted," individual supervisory union percentages are not. It is possible that apparent differences, especially small differences, are due to demographic characteristics, rather than true differences in prevalence.

Survey information and indicator significance: <http://www.voicesforvkids.org/wp-content/uploads/2009/03/whyimportant.pdf>

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**Voices**  
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